

Fall Protection & Prevention

This toolkit includes safety training materials to help prevent falls at the same level, from equipment and from heights, and the proper systems and personal protection equipment to use when fall hazards are present.



Training Classes

[Training and Education](#)



Technical Guidance Documents

[Technical Advice: Fall Protection in Bridge Construction, Inspection, and Maintenance \[508 compliant version\]](#)



Fact Sheets

[Fall Protection for Bridge Contractors in 4 Main Steps \[508 compliant version\]](#)

[Employee Fall Protection Training Record \[508 compliant version\]](#)

[Sample Fall Protection Plan for Bridge Work \[508 compliant version\]](#)

[Fall Protection Systems for Bridge Work \[508 compliant version\]](#)

[Horizontal Lifelines in Bridge Construction, Inspection, and Maintenance \[508 compliant version\]](#)

[Selecting Lanyards and Connectors for Personal Fall Arrest Systems in Bridge Work \[508 compliant version\]](#)

[OSHA Fall Protection Standards Bridge Contractors Must Know \[508 compliant version\]](#)

[Sample Fall Rescue Plan for Bridge Work \[508 compliant version\]](#)

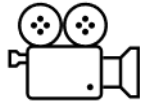
[Guide to Selecting Fall Protection Systems for Bridge Work \[508 compliant version\]](#)

[Advantages of Self Retracting Lifelines for Bridge Work \[508 compliant version\]](#)

[Preventing Suspension Trauma \[508 compliant version\]](#)

[Preventing Swing Falls in Bridge Work \[508 compliant version\]](#)

[Suspension Trauma Medical Emergency Wallet Card \[508 compliant version\]](#)

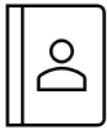


Video

Just in Time: Fall Rescue

English: <https://youtu.be/iKUepnuHTY8>

Spanish: <https://youtu.be/4d-yPLVIXq0>



Toolbox Pamphlets

[Fall Hazards Toolbox Pamphlet \(English\)](#)

[Fall Hazards Toolbox Pamphlet \(Spanish\)](#)

[Fall Hazards Toolbox Pamphlet \(Portuguese\)](#)



Trainee Booklets

[Fall Hazards and Prevention Trainee Booklet \(English\)](#)

Trainee Booklets in Spanish

[Fall Hazards and Prevention Trainee Booklet \(Spanish\)](#)



Assessments

[Fall Hazards](#)